



# 2023

## Impact Report

### Easy read version





Independent Lives is a charity which helps disabled people in Sussex and in Croydon.



We think that it is important that disabled people can live life in their own way.



Last year, we helped thousands of different people to manage their disabilities.



We help in lots of different ways, like giving advice to people over the telephone.



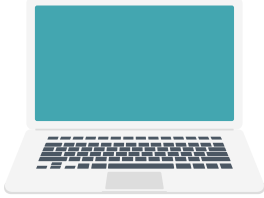
Or even visiting them in their homes to help them with things like cooking or cleaning.



We even have a minibus which takes people out for the day.



We are always looking for new ways to help people.



Like building websites which help people find useful information.



Last year, we organised lots of events to help raise money for our work.



And we worked with lots of different people like the NHS and local councils.



We want to say thank you to everyone who helped us last year. You are all amazing.

# Thank you